



3MSM Health Care Academy

Join us for a free educational webinar. We will not be providing CE Hours credits.

Now that the Response to Covid-19 is Behind Us, How Can We Begin to Recover?

Tuesday, June 23, 2020/ 6PM PST via ZOOM

LEARNING OBJECTIVES:

- *Discuss the Stress Continuum Model*
- *Explain the difference between post-traumatic stress and post-traumatic growth*
- *Identify three ways to promote personal post-COVID recovery*

MEET THE SPEAKER:

Phyllis S. Quinlan, PhD, RN-BC, is the president of MFW Consultants To Professionals, a multiservice consulting firm. She has practiced as a legal nurse consultant since 2004 and is a sought-after lecturer and keynote speaker. During her nursing career, Phyllis has practiced in clinical, education & administrative positions in a variety of clinical settings. As a certified transformational coach, she specializes in the unique needs of nurses and other health care professionals struggling with the emotional impact of caregiver fatigue and the challenges of career transition. She is committed to working with organizational leaders in the creation of healthy work environments. Phyllis is also the career coach for the Association of Perioperative Nurses/AORN. She regularly presents on a variety of topics for 3M Health Care.

CALL TO REGISTER:

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3MSM Health Care Academy

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